

# Lamont High School



## Principal's Message

It's hard to believe second semester is already here! It's an exciting time at the school, particularly for our grade 12's who are entering their last few months of high school. Our Success Coach Mrs. Gavinchuk and our Counselor Mrs. Smith will be working hard over the next few months to ensure our students are on track to graduate!

In February, we will be hosting another Laker Day. The first one in December was a huge success as it afforded staff and students the opportunity to relax and chat. Our hope is that this helps create a stronger sense of community throughout the school.

Finally, we would like to take the time to welcome Pamela Stockley back to LHS! She will be running our foods program along with the Lakers Lounge.

## Finland

We were very excited to see the positive response from parents and students interested in the Finland program! We are taken aback by the number of people who expressed interest in taking part! Decisions will be made shortly regarding which students will be travelling to Finland in October.

## Key Dates – February

February 7/8 Teachers Convention – No school for students  
February 13 High School Information Night at 6:00pm  
February 15 Professional Learning Day – No school for students  
February 18 Family Day – School is closed

## Returning Student Registration 2019-20

The returning student registration process for **all** current EIPS students who will be returning in 2019-20 will take place **Feb. 1-28, 2019**. Families will receive more information in January. On Feb. 1, 2019 at 9 a.m., all current families will receive an email with the link to complete the Returning Student Registration Form available through the [PowerSchool Parent Portal](#).

If your child **currently** attends school within EIPS and will be returning next year, you will go through the returning student registration process to confirm your child's enrolment in a school for the upcoming school year using the online Returning Student Registration Form. At that time, families indicate the school their child plans to attend and apply to attend a non-designated school, if applicable.

**To be considered for enrolment in a non-designated school in the upcoming school year, families must make that request during the returning student registration process.** Acceptance at a requested non-designated school is based on available space. Some EIPS schools have [closed boundaries](#) because of high enrolment numbers and will not accept registrations from non-designated students.

*NOTE:* All requests to attend a non-designated school or out-of-boundary program for returning students in grades 1-12 must be completed during the returning student registration process to be considered for the next school year. The only exception: Students who move into the Division from outside the geographic area, or another community within the Division, following the deadline. All families who apply to attend a non-designated school will be contacted and advised of the outcome in March.

### **#WeAreLamont Athletics Update**

February starts tournament season here at Lamont High!

In February and March we host three junior high tournaments as follows:

February 1/2 - Servus Credit Union Jr. B Boys and Girls Lakers Invitational

February 22/23 - Jr. A Boys Classic

March 1/2 - Jr. A Girls Classic

Our high school teams are in action this month as well:

Feb 12<sup>th</sup> – High School Boys @ Redwater

Feb 19<sup>th</sup> – High School Boys and Girls @ Vegreville

Feb 22/23 @ Glendon School

Feb 26<sup>th</sup> – High School Boys and Girls vs. Tofield

March 5<sup>th</sup> – High School Boys and Girls @ Tofield

**Feb 26<sup>th</sup> – Senior Night vs. Tofield**  
**Come support our graduating grade 12's in their last home game of their career!**

**Boys @ 4:45**

**Girls @ 6:15**

We will be running concessions during our tournaments; if you wish to volunteer please contact Mr. Kokotailo at [Cory.Kokotailo@eips.ca](mailto:Cory.Kokotailo@eips.ca)

February is also curling month here as well!

Feb 9<sup>th</sup> – High School curling bonspiel at Lamont Curling Club

Feb 11<sup>th</sup> – League 5 playoffs at Lamont Curling Club

Feb 20/21 – NE Zone Curling Playoffs at St. Paul Curling Club

As always follow us on Instagram, twitter and Facebook to keep updates on all things #WeAreLamont! All games and practices are also posted on our athletics calendar on our website; click on the athletics tab and scroll down to Lakers Athletics Events Calendar.

### **Counsellors Corner**

February is shaping up to be an exciting month for students at Lamont High. Our grade 8 students kick off the new semester with their participation and feedback in a Work Play's pilot presentation February 1. Work Plays is a group of professional actors who use drama to teach students about safety in the work place. Work Plays will be back in March to present "That's Danger", their current production, to all of our junior high students. On February 5, our junior high students will be going to see a Robb Nash Supershow in Edmonton. Forms need to be returned to the school by January 31. Open House and Grade 10 Orientation is February 13 from 5-7pm at the school, and finally, our high school students will have the opportunity to go on a scheduled tour of NAIT February 22.

I will be working with the grade 9 students this month on high school planning, career exploration and future planning. Grade 7 students will be working on Zones of Regulation in their Health classes and teambuilding with the grade 8 classes will begin in March. Flex sessions are open for senior high students on Wednesdays and Fridays to sign in to review high school plan, gather information on scholarships and explore career options. Tuesday's during FLEX are "Chill'N Chat" a supporting opportunity for junior high students and Thursdays is "Lets Talk" for senior high students. Students are still able to meet with me before classes in the morning, at breaks and during lunch. Ms. Dressler, our FSLW meets with students Monday, Tuesday, Thursday and Friday mornings and will be partnering with me in some of our FLEX activities.

Random Acts of Kindness day in February 9-16 with National Random Acts of Kindness Awareness Day following February 17. Visit [www.randomactsofkindness.org](http://www.randomactsofkindness.org) for more information. Finally, February 27 is **Pink Shirt Day**. Started by two students in Nova Scotia who took a stand against bullying, Pink Shirt Day has quickly become a national event bringing awareness to the issue of bullying and reminding everyone to take a stand against bullying in the school, in the community, in the workplace and online. Students are encouraged to wear pink to join in the movement against bullying.

Mrs. Penny Smith  
Lamont School Counsellor

## **Inclement Weather**

With the winter season well underway, we want to remind parents to dress children appropriately for the weather when getting ready for school or the bus. The weather often changes unexpectedly throughout the day, so please select suitable outerwear and ensure your child is prepared for changing conditions.

If inclement weather conditions occur, Elk Island Public Schools (EIPS) will advise parents of any bus cancellations using various communications tools including: automated-telephone messages, alerts posted on [www.eips.ca](http://www.eips.ca) and school websites, Twitter, Facebook, local radio stations, and on Versatrans My Stop.

Decisions regarding bus cancellations are guided by EIPS administrative procedures that states: "school bus service may be suspended when...Environment Canada reports a temperature of -40 C." Other reasons for suspending or delaying school bus services include adverse weather and poor road condition.

When school bus services are suspended, schools will remain open to students. EIPS believes parents have the right and responsibility to make choices for their children based on their beliefs and perceptions of safety during times of inclement weather.

For more information, contact EIPS Student Transportation at 780-417-8151.

## **EIPS 2019-20 Division Calendar: Now available!**

The official 2019-20 EIPS calendar is now available online. The calendar includes important dates during the 2019-20 school such as school-closure days; breaks; the first and last day of classes; professional learning days; and early dismissal days.

Highlights from the 2019-20 EIPS calendar include:

- September 3 First day of classes (after long weekend)
- November 11-15 November break
- December 23 to January 3 Christmas break
- January 31 Second semester begins
- February 6-7 Teachers' Convention
- March 30 to April 3 Spring break
- June 26 Last day of classes
- June 29 Schools close for the Summer break

To view the 2019-20 calendar, visit [www.eips.ca](http://www.eips.ca). Also available online: the current school calendar and the 2020-21 calendar.





## Building a better health system with the voice of our community

### Where we are

The communities that Yellowhead East Health Advisory Council serves range from the cities of Camrose and Lloydminster to a number of rural and small communities including Hardisty, Two Hills and Wainwright. Our geographic area covers a range of landscapes, industries, and demographics, as well as long-established communities and quickly expanding urban centres. (see map Page 2)



### Accomplishments

- Listened to communities and concerns at Health Advisory Council meetings and shared with Central Zone leadership. Priorities included mental health, continuing care, coordination of care and transportation.
- Council members participated on the Central Zone Healthcare Planning committee, Connect Care committees and the Central Zone Primary Care committee.
- Held virtual engagement sessions on seniors and continuing care and addiction and mental health.

### Our role and objectives

Everything we do is about improving the health and wellness of Albertans, no matter what part of the province they live in. We:

- Are a group of volunteers focused on listening to your thoughts and ideas on health services to help AHS enhance care locally and provincewide.
- Develop partnerships between the province's diverse communities and AHS.
- Provide feedback about what is working well within the health care system and suggest areas for improvement.
- Promote opportunities for members of our local communities to get engaged.

### Join us - your voice matters

There are a number of opportunities to participate:

- Attend an [upcoming council meeting](#) to hear feedback, offer comments, and ask questions.
- [Make a presentation](#) at our council meeting on a health area of interest or concern to you.
- Bring your community's voice forward to provide input on local and regional health.
- Volunteer your time as a council member. Recruitment is ongoing throughout the year until a council is at maximum membership. Members are appointed for a three-year term.
- Share your feedback with council: [yellowhead@ahs.ca](mailto:yellowhead@ahs.ca)
- Visit [ahs.ca](http://ahs.ca) and search Advisory Councils

[Yellowhead@ahs.ca](mailto:Yellowhead@ahs.ca)

[ahs.ca/about/hac.aspx](http://ahs.ca/about/hac.aspx)



**More information**

[Ahs.ca](http://Ahs.ca)

[Twitter \(twitter.com/ahs\\_hacs\)](https://twitter.com/ahs_hacs)

[Facebook \(facebook.com/advisorycouncils\)](https://facebook.com/advisorycouncils)

[Indigenous communities map \(indigenous.alberta.ca/interactivemap.cfm\)](http://indigenous.alberta.ca/interactivemap.cfm)

[Yellowhead@ahs.ca](mailto:Yellowhead@ahs.ca)

[ahs.ca/about/hac.aspx](http://ahs.ca/about/hac.aspx)