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| C:\Users\cindy gruber.EDUC\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\3SLCIPKQ\IMG_0170.JPG  [Guitar lessons]  **Time to complete homework**  Flex Program surrounds the idea of equity and personalization of a student’s schedule through ready access to a variety of Flex Program choices. Students register in advance, making choices that reflect their learning needs and goals in their education. Through the choices made in flex and the development of a plan for after high school, students are able to personalize their learning and scheduling and seek advancement in courses where possible.  *“This program has been very valuable*  *to my son’s education. He has learned*  *to use this time wisely and completes*  *most of his homework and or studying*  *in this flex program time!”*  *- Survey Monkey* Students will have time to work on e-portfolios, inventories, resumes, cover letters and post-secondary research. |  |  | |  | | --- | | **Accountability**  Recognizing that Junior High student’s need support and guidance beyond their personalized learning .The Flex Program requires accountability from its student’s. Attendance in each Flex block is recorded in PowerSchool. Students are be able to schedule themselves into the Flex Block of their choice up to two week in advance.  “It provides time for personal learning.”  – Monica Fedyniak Contact Us Phone: [780-895-2228] Web: [http://www.lamonthigh.ca/] | | |  |  |  | | --- | --- | --- | | I:\Lamont\gym logo.PNG |  | Junior High Flex Blocks   * 4811 - 50th Avenue * Lamont, AB T0B 2R0 * Phone: 780-895-2228 * Fax: 780-895-2600 | | |  |  | |  | | --- | | I:\Lamont\gym logo.PNG | |  | | Junior High Flex Blocks | | **Goals:**   * **Time to complete homework** * **Write missed exams** * **Try new option classes** * **Teacher support** | |  | |

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| cid:103  [Opportunity to work on cross curricular projects]  **Flex Program**  The Student Directed Flex Block Program at Lamont High School offers a distinctive opportunity for students to enhance their own education by timetabling themselves for one block per day on Monday, Tuesday, Wednesday, Thursday and Friday. The Flex program was designed around the needs of students and grounded in a belief that when students have an active involvement in their education coupled with the ability to make choices in their education, the result will be a more balanced, rewarding and successful educational process. The Flex Program is a process that develops the key skills and competencies that put students at the forefront of their own education. These skills and competencies will transfer to post-secondary and future employment opportunities. |  |  | **Flex Program**  Each student at Lamont High School is assigned a Teacher Advisor who coaches, guides, mentors and facilitates students in their education. The Teacher Advisor works with students in cross grade groups, meeting once a week in a group setting. Teacher Advisors monitor students’ progress, practicing intervention in programming when needed or required.  “It is very helpful to get extra help and it provides time for students to complete their homework.”  – Breanne Koziak  C:\Users\garry russell\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\QJZPJNZZ\WIN_20140912_121204.jpg  [Try a class before registering in it]  C:\Users\cindy gruber.EDUC\Pictures\2015-02-25 001\IMG_4143.JPG |  |  | C:\Users\garry russell\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\QJZPJNZZ\WIN_20140912_123839.jpg  [Yoga classes]  **Remedial Core Subject Support**  Remediation allows students to seek assistance from core subject teachers as well as an opportunity to take time, while at school, to work or collaborate on class based skills or topics with the ready support of that subject teacher. Time for remediation allows students to be supported by teachers at school as well as the opportunity to work with a teacher in a smaller, more focused class setting beyond the traditional classroom and class based instruction. Remediation is also directly supported through the Teacher Advisor who is monitoring their students’ progress and addressing any educational concerns as they may arise. Students will be required to attend core subject focused Flex Blocks Monday to Thursday. They will be able to attend any of the life skills Flex Blocks on Fridays.  C:\Users\garry russell\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\QJZPJNZZ\WIN_20140912_121419.jpg  [Review opportunities for core subjects] |